

Jet's Pizza® Nutrition

Serving Grams*
Calories
Calories from Fat
Total Fat (g)
Saturated Fat (g)
Trans fat (g)
Cholesterol (mg)
Sodium (mg)
Carbohydrate (g)
Dietary Fiber (g)
Sugars (g)
Protein (g)

Cheese Pizza

Small														
Round	1 slice (1/6 pizza)	105	220	54	6	3	0	16	337	28	1	1	13	
Deep Dish	1 slice (1/6 pizza)	114	273	101	11	4	0	19	366	29	1	1	14	
Thin Crust	1 slice (1/12 pizza)	26	51	24	3	1	0	7	93	3	0	0	4	
Medium														
Round	1 slice (1/8 pizza)	103	213	53	6	3	0	16	333	27	1	1	13	
Large														
Round	1 slice (1/10 pizza)	115	239	59	7	3	0	18	370	31	1	1	14	
Deep Dish	1 slice (1/10 pizza)	126	299	116	13	5	0	21	401	30	1	1	16	
Thin Crust	1 slice (1/24 pizza)	30	74	32	4	2	0	7	94	7	0	0	4	
XL														
Deep Dish	1 slice (1/15 pizza)	122	292	111	12	4	0	19	384	30	1	1	15	

Cheese & Pepperoni

Small													
Round	1 slice (1/6 pizza)	107	240	73	8	4	0	20	443	29	1	1	13
Deep Dish	1 slice (1/6 pizza)	116	293	121	13	5	0	22	471	29	1	1	15
Thin Crust	1 slice (1/12 pizza)	32	87	44	5	2	0	10	160	6	0	0	5
Medium													
Round	1 slice (1/8 pizza)	107	234	73	8	4	0	20	439	27	1	1	13
Large													
Round	1 slice (1/10 pizza)	119	264	82	9	4	0	22	487	31	1	1	15
Deep Dish	1 slice (1/10 pizza)	130	324	139	15	6	0	26	518	30	1	1	16
Thin Crust	1 slice (1/24 pizza)	32	88	43	5	2	0	9	150	7	0	0	5
XL													
Deep Dish	1 slice (1/15 pizza)	127	318	135	15	5	0	24	502	30	1	1	16

Cheese, Pepperoni & Ham

Small													
Round	1 slice (1/6 pizza)	118	253	78	9	4	0	24	554	29	1	1	15
Deep Dish	1 slice (1/6 pizza)	127	306	125	14	5	0	27	583	29	1	1	17
Thin Crust	1 slice (1/12 pizza)	37	94	46	5	2	0	12	215	6	0	0	6
Medium													
Round	1 slice (1/8 pizza)	118	248	78	9	4	0	25	555	27	1	1	15
Large													
Round	1 slice (1/10 pizza)	132	280	87	10	5	0	28	620	31	1	1	17
Deep Dish	1 slice (1/10 pizza)	143	341	144	16	6	0	31	652	31	1	1	19
Thin Crust	1 slice (1/24 pizza)	38	95	45	5	2	0	12	206	7	0	0	6
XL													
Deep Dish	1 slice (1/15 pizza)	140	334	140	16	6	0	30	635	31	1	1	18

Cheese, Pepperoni, Ham & Mushroom

Small

Round	1 slice (1/6 pizza)	116	228	61	7	3	0	18	485	29	2	1	13
Deep Dish	1 slice (1/6 pizza)	125	281	109	12	4	0	21	513	29	2	1	14
Thin Crust	1 slice (1/12 pizza)	36	81	38	4	2	0	9	181	6	0	0	5

Medium

Round	1 slice (1/8 pizza)	119	230	66	7	3	0	20	512	27	2	1	14
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Large

Round	1 slice (1/10 pizza)	131	252	68	8	4	0	21	551	31	2	1	15
Deep Dish	1 slice (1/10 pizza)	142	313	126	14	5	0	25	583	31	2	1	16
Thin Crust	1 slice (1/24 pizza)	37	83	38	4	2	0	9	177	7	0	0	5

XL

Deep Dish	1 slice (1/15 pizza)	141	317	128	14	5	0	25	583	31	2	1	17
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Cheese, Pepperoni, Ham, Mushroom, Onion, Green Pepper**Small**

Round	1 slice (1/6 pizza)	119	224	57	6	3	0	17	440	29	2	1	13
Deep Dish	1 slice (1/6 pizza)	128	276	104	12	4	0	19	469	29	2	1	14
Thin Crust	1 slice (1/12 pizza)	43	104	57	6	3	0	13	260	7	0	0	5

Medium

Round	1 slice (1/8 pizza)	124	224	60	7	3	0	18	451	28	2	2	13
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Large

Round	1 slice (1/10 pizza)	137	250	65	7	3	0	20	502	32	2	2	14
Deep Dish	1 slice (1/10 pizza)	148	310	122	14	5	0	23	533	31	2	2	16
Thin Crust	1 slice (1/24 pizza)	40	82	36	4	2	0	8	156	7	1	0	4

XL

Deep Dish	1 slice (1/15 pizza)	148	314	125	14	5	0	24	535	32	2	2	16
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Bold Fold

Large	NY Style	1 slice (1/6 pizza)	163	358	122	14	7	0	36	724	37	2	2	21
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8 Corner Pizza®

Cheese	8 Corner Pizza	1 slice (1/8 pizza)	174	439	181	20	7	0	34	707	43	2	2	22
Grilled Chicken Pizz	8 Corner Pizza	1 slice (1/8 pizza)	207	389	124	14	4	0	31	652	45	3	2	22
The Jet's 5&1	8 Corner Pizza	1 slice (1/8 pizza)	183	427	169	19	7	0	31	705	44	2	2	21
All Meaty Pizza	8 Corner Pizza	1 slice (1/8 pizza)	204	511	223	25	9	0	54	950	44	2	2	27
Veggie Pizza	8 Corner Pizza	1 slice (1/8 pizza)	227	404	145	16	5	0	20	584	46	3	3	18
Super Special Pizz	8 Corner Pizza	1 slice (1/8 pizza)	193	415	157	17	6	0	29	703	44	2	2	21

BBQ Chicken Pizza**Small**

Round	1 slice (1/6 pizza)	113	252	56	5	6	0	28	494	33	1	3	16
Deep Dish	1 slice (1/6 pizza)	118	292	96	11	4	0	28	494	33	1	3	16
Thin Crust	1 slice (1/12 pizza)	40	95	35	4	2	0	14	193	9	0	2	6

Medium

Round	1 slice (1/8 pizza)	118	266	65	7	3	0	35	561	32	1	4	17
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Large

Round	1 slice (1/10 pizza)	132	294	69	8	4	0	38	612	36	1	4	19
Deep Dish	1 slice (1/10 pizza)	137	339	118	13	4	0	38	609	36	1	4	19
Thin Crust	1 slice (1/24 pizza)	43	103	38	4	2	0	16	210	9	0	2	6

XL

Deep Dish	1 slice (1/15 pizza)	137	339	118	13	4	0	37	605	36	1	4	19
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BLT Pizza**Small**

Round	1 slice (1/6 pizza)	128	297	129	14	5	0	24	450	28	1	1	13
Deep Dish	1 slice (1/6 pizza)	133	337	169	19	5	0	24	450	28	1	1	13

Round	1 slice (1/6 pizza)	122	279	97	11	4	0	31	568	29	1	1	16
Deep Dish	1 slice (1/6 pizza)	131	332	144	16	6	0	34	596	29	1	1	17
Thin Crust	1 slice (1/12 pizza)	44	109	56	6	2	0	16	230	7	0	0	6

Medium

Round	1 slice (1/8 pizza)	123	277	99	11	5	0	32	564	28	1	1	16
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Large

Round	1 slice (1/10 pizza)	138	312	111	12	5	0	36	639	32	2	1	18
Deep Dish	1 slice (1/10 pizza)	149	373	168	19	6	0	40	671	31	2	1	20
Thin Crust	1 slice (1/24 pizza)	45	110	55	6	2	0	15	222	7	1	0	6

XL

Deep Dish	1 slice (1/15 pizza)	148	371	166	18	7	0	39	663	31	2	1	20
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Chicken Parmesan Pizza

Small

Round	1 slice (1/6 pizza)	127	232	52	6	3	0	24	430	29	2	2	16
Deep Dish	1 slice (1/6 pizza)	132	271	92	10	3	0	24	430	30	2	2	16
Thin Crust	1 slice (1/12 pizza)	42	83	34	4	2	0	12	153	7	0	0	6

Medium

Round	1 slice (1/8 pizza)	134	237	57	6	3	0	27	467	28	2	2	17
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Large

Round	1 slice (1/10 pizza)	149	266	63	7	3	0	30	522	32	2	2	19
Deep Dish	1 slice (1/10 pizza)	155	311	111	12	4	0	30	519	32	2	2	19
Thin Crust	1 slice (1/24 pizza)	45	89	35	4	2	0	13	165	7	0	1	6

XL

Deep Dish	1 slice (1/15 pizza)	149	305	109	12	4	0	29	499	31	2	2	18
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Grilled Chicken Pizza

Small

Round	1 slice (1/6 pizza)	142	222	43	5	2	0	21	431	30	2	2	15
Deep Dish	1 slice (1/6 pizza)	147	261	83	9	3	0	21	431	31	2	2	15
Thin Crust	1 slice (1/12 pizza)	54	80	29	3	1	0	10	162	8	1	1	5

Medium

Round	1 slice (1/8 pizza)	153	227	44	5	2	0	25	490	29	2	2	16
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Large

Round	1 slice (1/10 pizza)	166	252	51	6	3	0	27	547	33	2	3	17
Deep Dish	1 slice (1/10 pizza)	171	297	99	11	3	0	27	545	33	2	3	17
Thin Crust	1 slice (1/24 pizza)	57	85	31	3	1	0	11	183	8	1	1	6

XL

Deep Dish	1 slice (1/15 pizza)	166	295	99	11	3	0	26	538	32	2	2	17
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Veggie Pizza

Small

Round	1 slice (1/6 pizza)	145	217	48	5	2	0	11	366	30	2	2	11
Deep Dish	1 slice (1/6 pizza)	171	300	119	13	3	0	13	509	31	2	2	12
Thin Crust	1 slice (1/12 pizza)	56	77	32	4	1	0	5	129	8	1	1	4

Medium

Round	1 slice (1/8 pizza)	146	217	53	6	2	0	12	381	29	2	2	11
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Large

Round	1 slice (1/10 pizza)	154	241	58	6	3	0	13	422	33	2	2	12
Deep Dish	1 slice (1/10 pizza)	166	302	115	13	4	0	16	453	32	2	2	14
Thin Crust	1 slice (1/24 pizza)	52	80	33	4	1	0	5	131	8	1	1	4

XL

Deep Dish	1 slice (1/15 pizza)	161	303	116	13	4	0	17	451	32	2	2	14
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Jet 10®

Small

Round	1 slice (1/6 pizza)	128	256	80	9	4	0	24	526	30	2	1	14
Deep Dish	1 slice (1/6 pizza)	135	302	124	14	4	0	25	540	30	2	1	15
Thin Crust	1 slice (1/12 pizza)	47	97	48	5	2	0	12	209	7	1	1	5

Medium

Round	1 slice (1/8 pizza)	132	261	87	10	4	0	26	557	28	2	1	14
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Large

Round	1 slice (1/10 pizza)	150	296	98	11	4	0	29	625	32	2	2	16
Deep Dish	1 slice (1/10 pizza)	158	348	151	17	5	0	31	640	32	2	2	17
Thin Crust	1 slice (1/24 pizza)	50	103	50	6	2	0	12	216	8	1	1	5

XL

Deep Dish	1 slice (1/15 pizza)	161	360	160	18	6	0	35	670	32	2	2	18
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Eugene Supreme™ Pizza

Small

Round	1 slice (1/6 pizza)	126	230	60	7	2.5	0	15	400	30	2	2	12
Deep Dish	1 slice (1/6 pizza)	136	280	110	12	4	0	20	430	30	2	2	13
Thin Crust	1 slice (1/12 pizza)	61	100	50	6	2	0	10	210	8	1	1	5

Medium

Round	1 slice (1/8 pizza)	121	210	60	6	2.5	0	15	380	29	2	2	11
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Large

Round	1 slice (1/10 pizza)	143	260	70	8	3.5	0	20	460	33	2	2	14
Deep Dish	1 slice (1/10 pizza)	154	320	130	14	4.5	0	25	500	32	2	2	15
Thin Crust	1 slice (1/24 pizza)	63	110	50	6	2	0	10	210	9	1	1	5

XL

Deep Dish	1 slice (1/15 pizza)	152	320	130	15	5	0	25	500	32	2	2	16
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Cheese & Pepperoni Single Slice

Large (1 slice)	Deep Dish	1 slice	204	497	201	22	8	0	34	736	50	2	2	24
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Gluten Free Pizza

Cheese Only	8x8" Crust	1 slice (1/6 pizza)	59	120	25	3	1.5	0	10	220	18	1	0	5
Cheese, Pepperoni	8x8" Crust	1 slice (1/6 pizza)	59	130	35	4	2	0	10	260	18	1	0	5

* 1 ounce = 28.35 grams

Revised 3/2/15